

# NATURAL CLEANING RECIPES

ESSENTIAL OILS

ALL ROOMS

## WOOD POLISH

1/2 cup olive oil  
1/4 cup white vinegar  
10 drops lemon oil

## OVEN CLEANER

Equal parts baking soda and water with a few drops of lemon oil

## ALL PURPOSE CLEANER

1 cup distilled white vinegar  
1 cup water  
15-20 drops lemon, tea tree or lavender essential oils  
Optional: 1 tablespoon unscented castile soap

## FLOOR CLEANER

1 gallon hot water  
1/2 cup white vinegar  
1/4 cup castile soap  
10-15 drops essential oil of your choice



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## KITCHEN DISINFECTING SPRAY

1 cup water  
1/2 cup white vinegar  
1/4 cup rubbing alcohol  
15-20 drops of essential oil of your choice

## KITCHEN CLEANER

2 cups water  
1/2 cup 70% isopropyl rubbing alcohol  
1 tablespoon dish soap  
20-25 drops of preferred essential oil

## FABRIC REFRESHER

1 cup distilled water  
2 tablespoons baking soda  
15 drops of your preferred essential oil



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## BATHROOM DISINFECTING SPRAY

1 cup 3% hydrogen peroxide  
1 cup water  
10 drops tea tree oil  
10 drops eucalyptus oil  
5 drops peppermint oil

## FABRIC SOFTENER

Add 10-15 drops of your favorite oil to your laundry detergent in the rinse cycle.

### Safety tips

- Never use undiluted essential oils on surfaces
- Test cleaners on small surfaces first to make sure it is safe to use
  - Spray in well ventilated areas
- Citrus oils should not be used on granite or marble
- Store all cleaners safely away from children

<https://greenecodream.com/diy-natural-cleaning-products/>